

VEGGIE PREP Hot Lunch Instructions

1. When you arrive at the School, get the order sheets from the Hot Lunch folder (which is behind Pam's desk - Pam will help you locate them). There will be a summary sheet with all orders itemized as well as one sheet for each class. The veggie order sheet is in the hotdog folder.
2. Head to the kitchen (it may be locked - Pam/Melissa will have the key).
3. We will be cutting up carrots, celery and cucumbers for the trays. Make sure to wash all veggies first.
 - Veggies can be found in the glass fridge in the kitchen.
 - Blue work gloves can be found in the cupboard beside the white fridge.
 - Cutting boards are in the open cabinet to the left of the stove.
4. Celery will need to have both ends trimmed off and then each stalk can be cut into 4 equal-length pieces. If the pieces of celery are really wide, you can slice them in half lengthwise. They should be bite-size sticks.
5. Carrots do NOT need to be peeled first. Depending on the size of the carrot, it could be cut into 2 or 3 equal-length pieces. Then each piece can be cut in half lengthwise. Keep cutting the pieces until you get them into bite sized sticks.
6. Cucumber can be cut lengthwise into 4 pieces. Each piece can be cut in half and then each half into 3 pieces (total of 6 per piece). You should get roughly 24 sticks from one cucumber.
7. Now you can start on the dips.
 - Hummus dip and dill dip can be found in the glass fridge.
 - The 2 oz containers can be found in the cupboard beside the white fridge.
 - Fill each container about 90% full.
 - Double-check your count to make sure you prepared enough of each kind of dip (as per the order sheet)
8. Set up all the cut veggies and dips like an assembly line.
 - Veggie trays can be found in the same cupboard as the dip containers.
 - Place 4 of each veggie in the tray. 12 pieces per tray.
 - Add a dip to each tray. There will be some veggie trays with no dip.
9. Finished trays can be put in the glass fridge. Please organize them into 3 groups. 1 – just veggies 2 – veggies and dill dip 3 – veggies and hummus.

Now they are ready for hotdog day!